

3 Reasons to Embrace the Single Life

For whatever reason, being single often comes with a stigma. A stigma that you're somehow unfit for a partner. That's kind of a cop-out, don't you think? Why is it that everyone is so concerned with whether or not we have a partner? Of course, relationships can be beautiful, incredible things, but being single can be just as incredible.

The truth is: you can still live a meaningful, fulfilling, happy life without ever bringing a partner into the mix.

Here are three great reasons you should love being single:

A lack of commitment comes with its benefits..

If you're the type of person who absolutely hates when people try to tie them down in any way, shape or form, being single is the only way to go. And let's be honest, a good amount of people are much more content knowing that they DON'T have any serious commitments looming over them.

When you're not in a relationship, you don't have to think about things like checking in with your partner, figuring out what to make to eat, how you should spend your money—there's literally no one to answer to but yourself. You can date whomever you'd like, talk to anyone you want to talk to, and generally just do whatever the hell you want.

Dating is a great way to nail down exactly what it is that you want in a partner. It gives you a chance to find out who you are. Embrace this freedom to learn about you and what you want out of life.

You learn how to love yourself

While you can definitely grow independently of your partner in a relationship, being single makes it much easier. Being single gives you ample time to start understanding who you are and what you want your life to look like. And, honestly, at the end of the day, self-love and self-acceptance are at the foundation of any successful relationship.

Build that relationship with yourself by doing things you've always wanted to do, by yourself. Whatever it may be: learning a new language, starting a new creative hobby, travelling around the world—it can be anything. Cultivate that relationship with yourself. Fall in love with who you are.

We get to spend time with the important people

So many people who are in relationships right now have come to let that relationship dominate their whole life. Have you ever been in a relationship

that was so grandiose that there was no space for anyone else in your life? When was the last time you called your grandparents or mom and dad to go get dinner? Maybe your oldest friend could use your company right now.

The point is: sometimes we forget about all of the other people that used to play such important roles in our lives before we got into a serious relationship. The sad reality? We're not going to be here forever. Use single time to catch up and strengthen the relationships that matter most to you.

If you're feeling down about being single, don't. One Gallup poll discovered that about 60% of people between the ages of 18 to 29 are single. You're not the only one who's taking time to fall in love with themselves before they fall for someone else!

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H/T <https://www.powerofpositivity.com/3-ways-love-single-life/>