

The Myers-Briggs Test is Pretty Fun

About a decade ago I became interested in the Myers-Briggs personality test.

For those unfamiliar, the test is essentially a psychological profile examination designed to categorize people into one of 16 distinct personality “types.” It takes about 10 minutes to complete.

The test was created by Katharine Cook Briggs and her daughter Isabella Briggs Myers about 70 years ago. Briggs had stumbled upon Carl Jung’s research, which theorized that four primary psychological components made up how humans experience the world—sensation, intuition, feeling, and thinking.

When I first took the test, I was rather impressed. It seemed to peg me pretty well, so I had friends and family members take it to see if I could predict in which of the 16 categories they would fall.

Though immensely popular—millions of people still take it every year—I’m well aware that the test has its flaws. Many of the conclusions drawn are overstated, [research](#) indicates, and it’s not unusual for people to get different results when they take the test multiple times. (I often swing between [INTP](#) and [INFP](#), depending on what mood I am in.)

That said, I still find the test to be great fun. This is especially true when you have sites like Geekologie that will tell you [which Star Wars character you are](#) based on the results. (Note: I have no idea if the assessment of Star Wars characters is even remotely accurate, but I am going to pretend it is since it says that I am Yoda. BOOM!)

Now, I bring this up not just because it’s great fun. Several

of us at IT0 took the test this morning, and as we were sharing our own results we began to wonder what the makeup of our audience looked like.

So we thought we'd encourage [you to take the test](#) and share your results with us.

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[Image Credit: [Geekologie](#)]